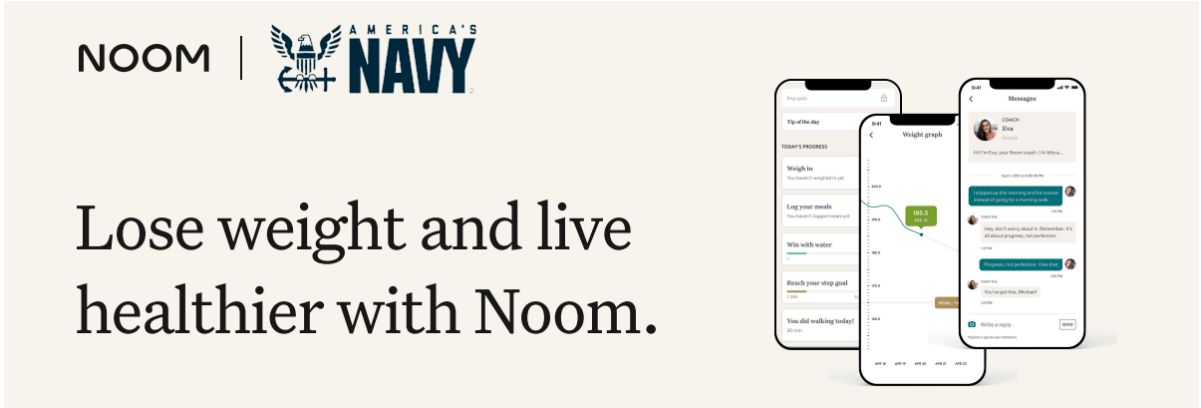


## Innovation and Future Capabilities Office Informational CFL Webinar

Date	Topic
4/1/2025	Navy Noom Weight-Loss Program
<p>Webinar Info 1400-1500 EST</p> <p>1300-1400 CST</p> <p>1100-1200 PST</p> <p>0800-0900 HST</p>	<div data-bbox="321 426 1515 831">  </div> <p>Want to bring awareness to Command Fitness Leaders that Noom is now available to eligible active-duty service members at no cost (a \$209+ value!). Noom will assist service members not in BCA standards to achieve their health goals by combining psychology, technology, and human support.</p> <p>Join the meeting now via Microsoft Teams (Note: you may need to copy and paste below link into your web browser):</p> <p><a href="#">Join the meeting now</a></p> <p>Meeting ID: 993 379 768 188 Passcode: WB2jb6aV</p> <p><b>Dial in by phone</b> 1 858-980-0000 Phone Conference ID: 512333014#</p>
<p>See associated fact sheet for Sailor participation details:  <a href="https://www.mynavyhr.navy.mil/Portals/55/Support/Culture%20Resilience/Physical/Noom%20Fact%20Sheet_Final-5%20February%20002.pdf?ver=0jO7SbzmIXqk7q_9v4kLtw%3d%3d">https://www.mynavyhr.navy.mil/Portals/55/Support/Culture%20Resilience/Physical/Noom%20Fact%20Sheet_Final-5%20February%20002.pdf?ver=0jO7SbzmIXqk7q_9v4kLtw%3d%3d</a> </p>	